



BACK BY POPULAR DEMAND!!!



Are you dealing with low self esteem, struggling with depression, recovering from abuse, suffering in silence, having trouble with friends at school, or just plain confused? Well, NOW is the time to tap into your **G.I.F.T.**

Join **G**irls.**I**mproving.**F**or.**T**oday (**G.I.F.T.**)

This is a teen awareness group strictly for girls and led by a girl!

Separate groups for Middle School and High School Girls

Groups are facilitated by
Kristy Christopher, LPC and Sha-Rhonda Davis, LCSW
At New Vision Counseling Center, LLC



For more information and to register, call 678-838-8333 or email help@newvisioncounselingcenter.com

GET READY TO REDEEM YOUR G.I.F.T. AND DISCOVER WHAT'S INSIDE OF YOU!

This group will discuss many of the issues teen girls face such as **self esteem**, **identity**, **abuse**, **peer pressure**, **school problems**, **body image**, **family** and more!

This group runs for 6 weeks and a commitment is required
Cost: \$45 per group (some insurance accepted)
When: Wednesdays from 5:00pm-6:15pm
Location: 8303B Office Park Dr, Douglasville, GA 30134



New Vision Counseling Center, LLC offers affordable mental health counseling to children, adolescents and adults. We provide individual, group, family and couples therapy and counseling. Contact Kristy Christopher at 678-838-8333 for more information.